



***FLORIDA***

**SOC CER**

**SAMPLE**

**Parent & Guardian Guide**



Dear Gator Soccer Family,

Are you ready for another exciting year of Florida Soccer?

I know WE are!

Included in this guide you will find some information that will be helpful throughout the fall season including our contact information, parent contact information, schedule, travel plans, etc. We will be sure to update you should any changes arise.

We have also provided detailed information on our core values, as we'd like to provide you a better understanding of our program—not just the soccer side of things, but the entire experience that your daughter will receive at Florida while she is playing soccer and earning her degree. These are the values we practice daily as players, coaches and staff. We hope you enjoy reading this content.

Please let us know if we can be of any help or answer any your questions.

It is going to be an amazing year and we look forward to each of you having a major part.

Go Gators!

*Becky*

# THE GATOR WAY

We define The Gator Way with this simple statement;

**"Excellence in everything we do"**

We always want to put out best foot forward when we are representing our university, our alumni, our family, our friends, and our teammates. Each of our actions reflects our Gator Family.

The Gator Way represents our desire for excellence on the soccer field; our desire for excellence in our relationships with our team and families; and our desire for excellence in our academic pursuits. We strive to be the best at what we do; our ability to perform in competition; our ability to think and act as a team committed to a common purpose; and our ability to be successful in our academic endeavors.

## CORE VALUES

All successful endeavors are usually based on an established set of team selected principles. We call the principles of the Gator Way our **Core Values – Courage, Team First and Growth**. Our core values are foundational and fundamental values that lay the groundwork for cultivating a family environment. To build anything up with the expectation that it will stand the test of time requires a solid foundation. A building or a house must first have a solid foundation. A road must have a solid foundation. Strong families have a solid foundation in family values. Great teams have a solid foundation in the core principles associated with success.

Every successful organization is defined by its purpose and mission. Its goals and expectations define its culture and provide the road map to success.

You may have a good feel for the level of soccer we consistently play, but there's much more to it. A good place to start might be to understand our program's core values:



**COURAGE**



**TEAM FIRST**



**GROWTH**

These core values represent each of us as players, coaches and, most importantly, people.

I've always felt like it is important that the student-athletes we bring into our program have a high degree of soccer talent AND embody these traits. Helping you have a better understanding of what each of these values mean and look like in action will help you gain a deeper understanding into our culture.

Talent can win in the short term, but culture wins championships. We hope you enjoy reading the content below on our core values.

A handwritten signature in black ink that reads "Becky". The script is cursive and fluid, with the first letter 'B' being large and prominent. The signature is positioned on the left side of the page, below the main body of text.

# CORE VALUES: GROWTH



WHAT IT TAKES TO BE A...



**GROWTH** is defined as constant performance improvement, in all areas of our life. We like to think about growth in our Gator soccer program as “progress, not perfection.” *Striving* for perfection is not accepting mediocrity but very different from pursuing perfectionism, which is unattainable and unhealthy.

## What does GROWTH look like in a Gator?

### Person

- Understanding/developing our own social/emotional skill set
- Increased social awareness to better understand others
- Taking pride in our academic work that leads to a viable career path
- Increasing personal wisdom through exposing yourself to new life experiences

### Player

- Physical progress through positive lifestyle habits and commitment to a plan
- Technical/tactical development through curiosity and studying the game
- Increased grit to reach a goal
- Investing in teammates to improve team cohesion

# CORE VALUES: TEAM FIRST



## WHAT IT TAKES TO BE A...



**TEAM FIRST** is defined as making a commitment to be held accountable to the team to agreed-upon standards. Often that requires “we over me” behavior, as pursuing excellence means fighting against human nature to take an easier path.

## What does TEAM FIRST look like in a Gator?

### Person

- Making responsible decisions, knowing these affect my teammates
- Being a team that talks to each other, not about each other
- Promoting inclusivity in group dynamics

### Player

- Knowing and maximizing your current role, while striving for more
- Promoting healthy competition by striving **with** each other, not against
- Never needing to be coached on effort

# CORE VALUES: COURAGE



WHAT IT TAKES TO BE A...



**COURAGE** is defined as operating outside of your comfort zone. Being courageous means learning to be brave and afraid at the exact same time. Being courageous is feeling scared or awkward, accepting those feelings and moving forward anyway.

## What does COURAGE look like in a Gator?

### Person

- Acknowledging personal struggles and being brave enough to ask for help when needed
- Accountability for your own actions
- Willingness to bring honesty over harmony
- Pursuing excellence relentlessly with the possibility of falling short

### Player

- Ability to have fierce conversations with teammates, coaches and support staff
- Being open-minded when receiving others' opinions
- Pushing beyond your perceived limits
- Asking for help on days when you may not be able to summon your best

# FL RIDA SOCCER STAFF DIRECTORY

## 2020-2021

### COACHING STAFF



**Becky Burleigh**  
Head Coach

\*\*\*) \*\*\*\_\*\*\*\*

beckyb@gators.ufl.edu



**Vic Campbell**  
Associate Head Coach

\*\*\*) \*\*\*\_\*\*\*\*

vicc@gators.ufl.edu



**Alan Kirkup**  
Associate Head Coach

\*\*\*) \*\*\*\_\*\*\*\*

alank@gators.ufl.edu



**John Roman**  
Volunteer Coach

\*\*\*) \*\*\*\_\*\*\*\*

johnr@gators.ufl.edu

### SUPPORT STAFF



**Mary Howard**  
Senior Associate Athletics  
Director, Communications

\*\*\*) \*\*\*\_\*\*\*\*

maryh@gators.ufl.edu



**Sarah Lowdon**  
Program Coordinator

\*\*\*) \*\*\*\_\*\*\*\*

sarahl@gators.ufl.edu



**Karin Werth**  
Assistant Director, Strength  
and Conditioning

\*\*\*) \*\*\*\_\*\*\*\*

karinw@gators.ufl.edu



**Jason Storch**  
Assistant Director, Academic  
Services

\*\*\*) \*\*\*\_\*\*\*\*

jasons@gators.ufl.edu



**Connie Andrews**  
Senior Athletic Trainer

\*\*\*) \*\*\*\_\*\*\*\*

conniea@gators.ufl.edu



**Shelby Johnson**  
Nutrition Assistant

\*\*\*) \*\*\*\_\*\*\*\*

shelbyj@gators.ufl.edu



**Chris Cafaro**  
Video Coordinator

\*\*\*) \*\*\*\_\*\*\*\*

christopherc@gators.ufl.edu

#### OPS ASSISTANTS:

**Veronica Eslava**  
407-314-5959  
veronicae@gators.ufl.edu

#### EQUIPMENT MANAGERS:

**Aidan Doughty**  
(904) 392-5498  
adoughty@ufl.edu

**Cyndey Niedermeyer**  
\*\*\*) \*\*\*\_\*\*\*\*  
c.niedermeyer@ufl.edu



# PARENT CONTACT INFORMATION

## 2020-2021

Player		Parents	Email
Alexander	Madison	Chad & April Alexander	***
Baksay	Taylor	Dezi & Cheryl Baksay	***
Baltrip-Reyes	Carina	Karen Baltrip	***
DeLeon	Anna	Sarah & Dan DeLeon	***
Durbin	Lauren	Brian & Kerri Durbin	***
Eaton-Collins	Georgia	Sam Eaton	***
Espinoza	Susana	Gonzalo & Gloria Espinoza	***
Evans	Lauren	Jerome & Allison Evans	***
Faraci	Francesca	Peter & Denean Faraci	***
Fotopoulos	Alexia	George & Danielle Fotopoulos	***
Frazier	Ansley	Shelly & Blake Frazier	***
Goldberg	Alexa	Alison & Glenn Goldberg	***
Gonzalez	Alivia	Keith & Amanda Rhodes	***
Grambo	Tori	Tania & Jon Grambo	***
Hall	Cameron	Stuart & Kellee Hall	***
Kadzban	Isabelle	Jannete & Jason Kadzban	***
Kane	Ashlyn	Shannah & Patrick Kane	***
Kennedy	Sydney	Frank & Pam Kennedy	***
Kuyken	Ava	Willem & Halley Kuyken	***
Lindley	Cassidy	Gene & Tara Lindley	***
Loferski	Katherine	Andy & Kim Loferski	***
Olsson	Beata	Elisabeth & Pontus Olsson	***
Peace	Kouri	Kyle & Connie Peace	***
Pietra	Ashley	Bill & Betsy Pietra	***
Rhodes	Madeline	Tome & Sophie Rhodes	***
Roberts	Parker	Kathy & Craig Roberts	***
Rose	Deanne	Anne-Marie & Dean Mighty	***
Seyffart	Shaye	Donna & Craig Seyffart	***
Steed	Lane	Josh & Robin Steed	***
Tauzel	Delaney	Michael & Melissa Tauzel	***
Tobar	Samantha	Alvaro & Debbie Tobar	***
Urban	Sydney	Lauren & William Urban	***
Vernis	Nicole	G. Jeffrey & Stephanie Vernis	***
Violante	Julia	Kelly Violante	***

We wanted to include contact information for each of the families of our athletes. Please feel free reach out to one another, introduce yourself and sit with each other at matches.

# FLORIDA

## SOCCER FALL 2020 SCHEDULE



Monday, August 10, 2020	UF vs Mercer	HOME (Preseason)	7:00pm
Saturday, August 15, 2020	UF vs Jacksonville	HOME (Preseason)	6:00pm
Friday, August 21, 2020	UF vs. UNC	AWAY	6:00pm
Sunday, August 23, 2020	UF vs. Duke	AWAY	1:00 pm
Thursday, August 27, 2020	UF vs. FAU	HOME	6:00pm
Sunday, August 30, 2020	UF vs. Miami	AWAY	1:00pm
Friday, September 4, 2020	UF vs. FSU	HOME	7:00pm
Thursday, September 10, 2020	UF vs. UCF	AWAY	6:00pm
Sunday, September 13, 2020	UF vs. USF	HOME	6:00pm
Friday, September 18, 2020	UF vs. MSU	HOME	7:00pm
Sunday, September 20, 2020	UF vs. UNF	HOME	6:00pm
Thursday, September 24, 2020	UF vs. Tennessee	HOME	6:30pm
Sunday, September 27, 2020	UF vs. Arkansas	AWAY	1:00pm (CT)
Friday, October 2, 2020	UF vs. Missouri	AWAY	7:00pm (CT)
Thursday, October 8, 2020	UF vs. Alabama	HOME	6:00pm
Sunday, October 11, 2020	UF vs. USC	AWAY	2:00pm
Friday, October 16, 2020	UF vs. Georgia	HOME	7:00pm
Thursday, October 22, 2020	UF vs. Kentucky	AWAY	7/7:30pm
Sunday, October 25, 2020	UF vs. Vanderbilt	HOME	1:00pm
Thursday, October 29, 2020	UF vs. Texas A&M	AWAY	7:00pm (CT)
November 1-8, 2020	SEC TOURNAMENT	NEUTRAL	TBC

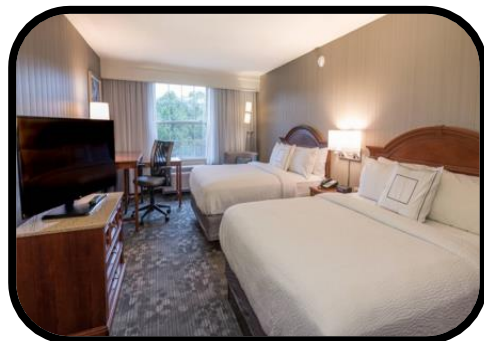
# TRAVEL HOTEL LIST

## Chapel Hill, North Carolina – August 20-23, 2020

**Games:** Friday, August 21, 2020      UF vs. UNC  
6:00pm

Sunday, August 23, 2020      UF vs. Duke  
1:00 pm

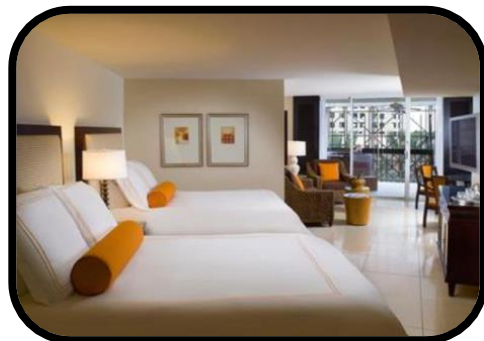
**Hotel:** Courtyard By Marriott Chapel Hill  
100 Marriott Way, Chapel Hill, NC 27517



## Coral Gables, Miami – August 29-30, 2020

**Game:** Sunday, August 30, 2020      UF vs. Miami  
6:00pm

**Hotel:** The Mayfair At Coconut Grove  
3000 Florida Ave, Coconut Grove, FL 33133



## Orlando, Florida – September 10, 2020

**Game:** Thursday, September 10, 2020      UF vs. UCF  
6:00pm

**Hotel:** No Hotel Day Trip

**NO HOTEL**

## Fayetteville, Arkansas – September 26-27, 2020

**Game:** Sunday, September 27, 2020      UF vs. Arkansas  
1:00pm (CT)

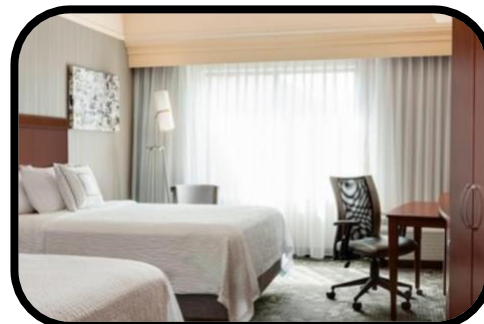
**Hotel:** Homewood Suites By Hilton  
1305 N Palak Dr, Fayetteville, AR 72704



## Columbia, Missouri – October 1-3, 2020

**Game:** Friday, October 2, 2020      UF vs. Missouri  
7:00pm (CT)

**Hotel:** Courtyard By Marriott Columbia  
3301 Lemone Industrial Blvd, Columbia, MO 65201



**Columbia, South Carolina – October 10-11, 2020**

**Game:** Sunday, October 11, 2020      UF vs. USC  
2:00pm

**Hotel:** Embassy Suites by Hilton Columbia Greystone  
200 Stoneridge Dr, Columbia, SC 29210



**Lexington, Kentucky – October 21-22, 2020**

**Game:** Thursday, October 22, 2020      UF vs. Kentucky  
7:00pm

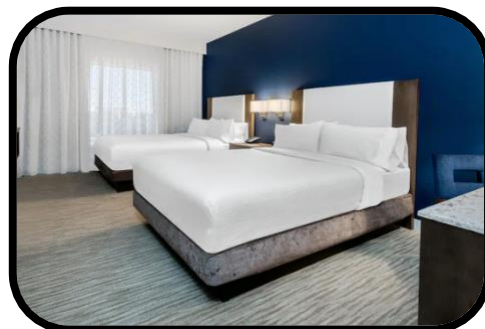
**Hotel:** Hilton Lexington/Downtown  
369 W Vine St, Lexington, KY 40507



**College Station, Texas – October 28-29, 2020**

**Game:** Thursday, October 29, 2020      UF vs. Texas A&M  
7:00pm (CT)

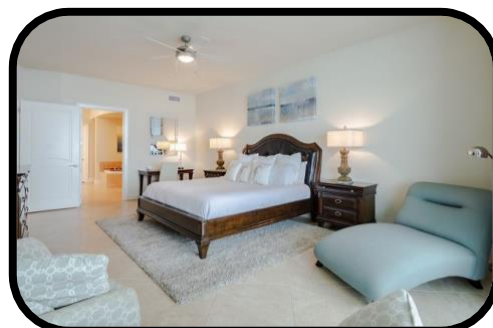
**Hotel:** Embassy Suites by Hilton College Station  
201 University Dr E, College Station, TX 77840



**Orange Beach, Alabama – November 1-8, 2020**

**Games:** SEC Tournament (TBD)

**Hotel:** Turquoise Place  
26302 Perdido Beach Blvd, Orange Beach, AL 36561



**If you have any questions regarding our travel hotel list for Fall 2020, please reach out to Sarah Lowdon.**

# TRAVEL FLIGHT AND BUSES INFORMATION

Depart Date/Time	Destination	Opponent	Transportation	Outbound Flight Info	Inbound Flight Info	Arrival Date/Time
08/20/20 - 10:30AM	Chapel Hill, North Carolina	UNC & Duke	Bus & Commercial Flights	MCO-RDU DL1495	RDU-ATL-GNV DL1666 & DL 1221	8/23/20 - 10:00PM
08/29/20 - 1:00PM	Miami, Florida	Miami	Bus Only			8/30/20 - 10:00PM
09/10/20 - 2:00PM	Orlando, Florida	UCF	Bus Only			09/10/20 - 10:30PM
09/26/20 - 11:30AM	Fayetteville, Arkansas	Arkansas	Buses & Commercial Flights	GNV-ATL-XNA DL3611 & DL5125	XNA-ATL-GNV DL4815 & DL664	09/27/20 - 12:45AM
10/01/20 - 10:00AM	Columbia, Missouri	Missouri	Buses & Commercial Flights	TPA-STL WN626	STL-TPA WN952	10/03/20 - 5:00PM
10/10/20 - 1:00PM	Columbia, South Carolina	South Carolina	Bus Only			10/11/20 - 11:30PM
10/21/20 - 4:00PM	Lexington, Kentucky	Kentucky	Buses & Charter Flights	STM Charter	STM Charter	10/22/20 - 12:30AM
10/28/20 - 4:00PM	College Station, Texas	Texas A&M	Buses & Charter Flights	STM Charter	STM Charter	10/29/20 - 12:30AM
TBD on Seeding	Orange Beach, Alabama	TBD	Buses Only			TBD on Outcome

- Departure Date/Time and Arrival Date/Time are approximate and are subject to change.
- Departure Date/Time and Arrival Date/Time are from UF's campus and to UF's campus.
- All Outbound Flight Info corresponds with Departure Date/Time.
- All Inbound Flight Info corresponds with Arrival Date/Time.
- Please refer to Fall 2020 Schedule and Travel Hotel List for game dates/times and hotel information.
- The SEC Tournament seeding occurs at the end of the regular SEC season in October. Therefore, tournament seeding and tournament outcomes will dictate departure and arrival dates and times.

# TRAVEL FACILITIES ADDRESSES



**Dorrance Field**  
**University of North Carolina at Chapel Hill**  
**Chapel Hill, NC 27514**



**Koskinen Stadium**  
**Duke University**  
**106 Whitford Drive**  
**Durham, NC 27708**



**Cobb Stadium**  
**University of Miami**  
**Coral Gables, FL 33146**



**UCF Soccer & Track Complex**  
**University of Central Florida**  
**4275 E Plaza Drive**  
**Orlando, FL 32816**



**Razorback Field**  
**University of Arkansas**  
**449 Stadium Drive**  
**Fayetteville, AR 72701**



**Audrey J. Walton Soccer Stadium**  
**University of Missouri**  
**1100 Stadium Blvd**  
**Columbia, MO 65203**



**Eugene E. Stone III Stadium**  
**University of South Carolina**  
**1313 Heyward Street**  
**Columbia, SC 29205**



**Wendall & Vickie Bell Soccer Complex**  
**University of Kentucky**  
**570 Wildcat Ct**  
**Lexington, KY 40502**



**Ellis Field**  
**Texas A&M University**  
**369 Tom Chandler Drive**  
**College Station, TX 77840**



# IMPORTANT FALL DATES

August 4, 2020	Report Day - First Team Meeting
August 5, 2020	First day of practice
November 1, 2020	SEC Soccer Tournament Begins
November 9, 2020	NCAA Selection Show
November 13, 2020	NCAA First Round
November 26, 2020	Thanksgiving
December 12, 2020	University of Florida Final Exams Begin School Ends

## GAME TICKETS

- The NCAA allows each athlete up to four tickets on a pass list for matches.
- Friends and family can retrieve their tickets before the match at the ticket booth.
- You must have an ID to get your ticket.
- The pass list is available for all athletes at the beginning of the game week.
- We do our best to make it fair and allow each athlete to get their guest in if tickets are limited in specific contests.
- This will be communicated to all student-athletes ahead of time.

## OTHER IMPORTANT INFORMATION

**At the beginning of each season we will review team rules as a group. Here are some guidelines our athletes must follow and information that may also have an effect on you and your family throughout the season.**

- 1. Weddings** - The staff understands that the wedding topic is a sensitive one. Most players feel as though they have a right to attend weddings, especially the weddings of relatives or close friends. We agree with this, except when it conflicts with a soccer activity such as practice, meetings, and matches. Players are expected to be present at all team activities.
- 2. Locker Room** - Is for soccer athletes only.
- 3. Housing** - All on-campus athletes will review our housing policies for move-out about a month before this happens. They will understand exactly what needs to be done

including cleaning of the fridge, emptying out all garbage, removing all belongings, and replacing furniture back to the original position. If any issues arise, housing will alert the coaching staff and a cleaning company will be hired to clean the mess. The cost will be split amongst all roommates.

#### **4. Academics -**

- a. Absences for team travel are excused. If we are in town, all student-athletes are expected to attend class, this includes fall, spring, and summer semester.
- b. If for any reason, an athlete is going to miss class for an upcoming planned event, vacation etc., they must get pre-approval from Jason Storch.
- c. If our athletes are sick, injured or have a doctor's appointment, Connie will notify Jason Storch if they are missing class.

#### **5. Athletic Training -**

- a. Speak to Connie before your daughter does any treatments at home (surgery, injections, supplements, x-rays etc.,). All treatments must be approved by Connie to make sure they are safe and not against any NCAA rules/regulations and are in the athlete's best interest.
- b. Reach out to Connie prior to emergency room/urgent care visits as admittance can be expedited if players are local in Gainesville.
- c. The NCAA has strict rules about the supplements our athletes can put into their bodies. Please make sure your daughter checks with Connie and Shelby before they start taking any new vitamins, medications, or supplements.
- d. All soccer players **must wear a helmet** that properly fits and is buckled while riding or driving a scooter.
- e. If you or your daughter receive a medical bill at home, please bring it to Connie or email it for her to review.

#### **6. Team Travel -**

- a. Team members are expected to travel to and from campus with the team.
- b. Parents are invited and encouraged to eat with the team at restaurants. Your daughter will be able to sit with you; however, you will have to arrange seating with restaurant, as we only reserve enough space for the team.
- c. Parents with permission, may take their daughter off premises during team travel. Outside of immediate family must have approval through Becky. If you are staying at a different hotel, you can come and visit at our hotel.
- d. Parents are not allowed in any of the athlete's rooms. Please visit with your daughter in the lobby of the hotel or in your personal hotel room if you are at the same hotel.

#### **7. Recruiting -**

- a. Many times, we will have recruits on campus and your daughter will be asked to be a host. Our recruit is the whole program's #1 priority during these visits and we ask our athletes to make plans around planned team events.



- b. NCAA rules do not allow parents at recruit tailgates because you are considered a “booster.”
  - c. Parents are prohibited from staying in the dorms if someone in the dorm from any sport is hosting a recruit.
8. **Social Media** - We understand that many times your daughter will confide in you with information about the program. We ask that you continue to keep this information confidential and not post on any social media platforms.
9. **Post-Game** - After home matches, our athletes may be required to have media obligations, sign autographs or have short programming with local youth.

**We want your daughter to have a positive experience as a University of Florida Soccer Team Member. You play a BIG role in her experience and we look forward to taking this journey with you. Go Gators!**

***FLORIDA***  
**SOCER**