
WHAT WE LEARNED IN KINDERGARTEN

- 1** | What would a society be like without laws? How does that apply to your team?
- 2** | How many people on your team would hold themselves to a higher standard than the team requires (if the the standards weren't stated)?
- 3** | How would you explain the purpose of your "How U" to your team?

TIM CORBIN: BUILDING FOUNDATIONS

- 4** | Tim spends at least 15 minutes in the classroom every day before practice. What are your thoughts on that?
- 5** | What other metaphors resonate with you on how you shape behavior?
- 6** | What does this say about Greg's leadership with Athletic Directors? How does that apply to coaches?

MIKE KRZYZEWSKI: STANDARDS VERSUS RULES

- 7** | What's the difference between Standards and Rules?

- 8** | Bill Belichick's high school coach had four plays. How does that relate to this?

- 9** | How do you accelerate someone's confidence in collaborating (who's used to dictating)?

DEVELOPING YOUR TEAM IDENTITY

- 10** | How can you identify the characteristics that you want your team to be defined by?

- 11** | How do orient your newcomers?

- 12** | How do you start the process of collaborating?

BUILDING YOUR HOW U CURRICULUM

- 13** | Why do great coaches focus on things outside of sport-specific execution?
- 14** | What would happen if we dissected behavior (body language, responses, etc) at the same level we approach sport-specific execution?
- 15** | Challenge: Start building your How U Curriculum.

BECOMING A MASTER TEACHER

- 16** | What's the difference between a fixed mindset teacher and a growth mindset teacher?
- 17** | What questions do growth-minded teachers ask themselves?
- 18** | Think about the best teacher that you've ever had or observed. What qualities made them great?

19 | What are the different ways that you capture understanding after presenting a concept?

20 | What was Geno's point in asking his players to coach the team?