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CAN'T SEE THE LABEL

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- 1 | If Billy Donovan followed you, what would you *not* want him to see?
  
- 2 | Ask your staff, “What do you think I value?” Reflect on their answers.
  
- 3 | What do you think about Bill Beswick’s thought?
  
- 4 | What would happen if your team impersonated you on TikTok?

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ACTION ALIGNMENT

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- 5 | “Seattle.” What do you take from that?
  
- 6 | What makes it hard for you to stay present? How do you combat that?

**7** | What do you see when you look at this picture?



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THE LEADER'S EXAMPLE

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**8** | What do you not like about your team? (How do you fix that in you?)

**9** | Fill in the blanks with 5 characteristics: 1.

2.

**If I want my team to \_\_\_\_\_** 3.

**then I need to \_\_\_\_\_** 4.

5.

**10** | When is it hardest for you to be those characteristics?

**11** | Based on this video, what do you respect most about John Lewis?

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MIXED SIGNALS

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**12** | Ask your team: What do I do that doesn't align with what I say?

**13** | What would you add to this list of mixed signals?

| WORDS                                  | ACTIONS                                       |
|--|---|
| "Be on time"                           | Comes late to meeting                         |
| "Be a great teammate."                 | Disrespects staff/family                      |
| "Take care of your body."              | Doesn't exercise, eat well, or rest & recover |
| "Take accountability for your actions" | Plays the blame game                          |
| "Don't take it personal."              | Emotionally reacts to feedback                |
| "It's about the process."              | Behavior fluctuates with outcomes             |

**14** | When do you know that you're taking something personally?

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LOSING PERSPECTIVE

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**15** | Make a list: What are the things or people outside of you that make you lose perspective?

**16** | Do you align Anson's answer to the question: Can you be a good coach, husband, and father? Yes or no? Why or why not?

- 17** | Watch the video of Anson recalling the conversation with his AD. What do you think about when you watch this?

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DROP THE SALT

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- 18** | What are you holding onto that's trapping you from being at your best?

- 19** | Watch the video of Chris Petersen describing a conversation with his wife a few weeks after retiring. What do you take away?

- 20** | If you're going to continue to do your job, what can't bother you?

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CONFLICT: GOAL VS. PURPOSE

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- 21** | What percent of the time are you:

\_\_\_ Amateur    \_\_\_ Actor    \_\_\_ Authentic

- 22** | What conflicts arise between your goal and your purpose?

- 23** | Does the chase bring you closer or further away from who you want to be? Explain.

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THE GAME PLAN

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- 24** | Watch the video of Chris. What do you think about what he said?
- 25** | Do you have a game plan that's written down to help anchor you during the storm? Why or Why not?
- 26** | Develop your game plan. *(Download the mission worksheet and answer these questions.)*  
What's your mission?  
What are the five most important roles you play?  
What are the supporting actions that will help you fulfill those roles?  
What are the character-driven values (or principles) that you want your actions to flow through?

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THE ROAD MAP

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- 27** | Reflect on the characteristics of your team.  
Ask people in your program:  
What do I need to keep doing that supports this?  
What do I need to stop doing?

|   |                      |
|---|----------------------|
|  | <b>TEAM IDENTITY</b> |
|   | 1.                   |
|   | 2.                   |
|   | 3.                   |
|   | 4.                   |
|   | 5.                   |

- 28** | What do you think of Chris' line: "Every coach needs a coach."
- 29** | What's the accountability system for your game plan?