

---

WHAT WE LEARNED IN KINDERGARTEN

---

- 1** | When you see the kindergarten list, what do you think?
  
- 2** | Reflection: Have you ever played for a coach that gave poor instruction and then got frustrated with the poor execution? What was that experience like?
  
- 3** | What do you think about this line: “Productivity matches the clarity of direction”

---

TIM CORBIN: BUILDING FOUNDATIONS

---

- 4** | What do you think about this line: “That negative behavior doesn’t happen, at that time of year, if your foundation is in place.”
  
- 5** | Do you use imagery to define? Why or why not? List the top 3 visuals you have used and their impact.
  
- 6** | Tim spends at least 15 minutes in the classroom every day before practice. What are your thoughts on that?

---

MIKE KRZYZEWSKI: STANDARDS VERSUS RULES

---

- 7** | What are the benefits of asking questions?
  
- 8** | How do you think about standards versus rules?
  
- 9** | Do you have non-negotiables? What are they?

---

DEVELOPING YOUR TEAM IDENTITY

---

- 10** | Pick 5 characteristics that you want to define your team identity.
  
- 11** | What are the best visual examples you can use to illustrate the meaning of each characteristic?
  
- 12** | Challenge: Give your team those five words and ask them to define each characteristic. Build a glossary.

---

BUILDING YOUR HOW U CURRICULUM

---

- 13** | What would happen if we dissected behavior (body language, responses, etc) at the same level we approach sport-specific execution?
- 14** | What would happen if you filmed practice or watched a game to develop a list of your How U?
- 15** | Challenge: Start building your How U Curriculum.

---

BECOMING A MASTER TEACHER

---

- 16** | Think about the best teacher that you've ever had or observed. What qualities made them great?
- 17** | How do you make the teaching come alive inside of your How U?
- 18** | What are some ways you can develop yourself and your staff with becoming a master teacher?

**19** | What are the different ways that you capture understanding after presenting a concept?

**20** | What was Geno's point in asking his players to coach the team?