

## PREWORK: 5 QUESTIONS TO GET YOU STARTED

- 1** | What's your relationship with receiving praise? How does it inform your approach with the people you lead?
- 2** | What's your philosophy on praise?
- 3** | What's your biggest conflict with praise?
- 4** | Praise is most effective when \_\_\_\_\_.
- 5** | How do you decide when to praise publicly versus privately?

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CATCH THE RIGHT THINGS

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- 6** | “They’ll do less wrong things, if you catch the right things.”  
Why is that hard to do?
  
- 7** | Most people stop practice to correct. How often do you stop practice to praise? What does that reveal to you?
  
- 8** | Watch the video of Jack Clark. How do you relate to what Jack said?

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HOARDERS

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- 9** | When you hoard negative plays, what impact does that have on the team?
  
- 10** | Sue believes that Captain Obvious is the number one issue inside of coaching. Do you agree, why or why not?
  
- 11** | What percent of your feedback is praise versus correction?

PERFECTIONISM

- 12** | What are the signs it's about the coach?
- 13** | How do you raise the standard of excellence without feeling perfectionism?
- 14** | Watch the video of Geno Auriemma? What are your thoughts with this approach?

- 15** | What's the significance of this tweet?



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WINNING PLAYS

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**16** | Make a list of winning plays from your team: Plays that don't get a lot of recognition but are key to your success.

**17** | Why is it important to direct praise at things within an athlete's control?

**18** | How does a coach's perfectionism affect the team?

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PRAISE THE MODEL

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**19** | When you watch the clip of Scottie, what do you think?

**20** | What are the pros of attaching leadership to the moment?

**21** | "The most important thing a vet can do is his job" - Bill Belichick.  
How can this quote coexist with the "praise-the-model" strategy?

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BUILD AN IDENTITY

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- 22** | What symbolism do you draw from the Gonzaga thumbprint? How could you do something similar?
- 23** | What are ways you can reinforce your identity?
- 24** | How do you maintain the esteem of the team through adversity?

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ORCHESTRATE PEER RECOGNITION

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- 25** | Watch the video of Lydia reflecting on her teammate Sabrina Ionescu. How does the clip of Lydia relate to the previous video?
- 26** | If you created a space for peer shout outs, how do you think that would help your team?
- 27** | Think about the most encouraging teammate you ever played with. Why were they effective and how did it impact you?

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BEHAVIORAL STREAKS

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- 28** | What's an unproductive habit that you need to say goodbye to?
- 29** | What's a productive habit that could you commit to that would have a significant impact on your life?
- 30** | What can we learn from an app developer to make our program standards more addicting?

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EXPRESS APPRECIATION

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- 31** | Why do you think those letters were so impactful?
- 32** | How do you relate to this line: Expectations without appreciation leads to a cold, entitled environment.
- 33** | How do you know if someone's talent is being taken for granted?